

Caregiver Definition and Terminal Condition: (please read carefully)

A non-paid, non-compensated/ subsidized individual who is responsible for attending to the daily needs of another person. He or She is often responsible for the physical, emotional and financial support of another person who is unable to care for him/herself due to illness, injury or disability.

As it relates to the veteran population and the Wave Academy, caregivers must meet the following criteria:

- Live with the veteran
- Involved in day to day routine of the veteran (preparing meals,
- Involved in the physical and mental health care of veterans (including finding resources, making appointments, driving to/from appointments, paying bills)
- Experience stress due to caregiving responsibilities
- Are not compensated or subsidized by the government or another agency, or in a paid caregiver relationship or capacity.

As it relates to the “end of life” and a terminal illness, caregivers meet the following criteria:

- Getting in and out of bed and chairs, getting dressed
- Helping bathe or shower
- Getting to and from the toilet
- Feeding the care recipient
- Dealing with incontinence and diapers
- Daily interaction

Caregivers typically do the following tasks:

- Provide Transportation
- Manage Finances
- Arrange or supervise paid services (i.e. doctor visits, mental health visits, etc.)
- Help facilitate medical and mental health services for “end of life” patient.

Individuals with a terminal illness diagnosis qualification:

- Provide a written letter, dated within 4 weeks, from a licenced Physician stating that the individual has a terminal illness and gives permission to seek warm water therapy.

*** Please note, social workers, aides, nurses, and medical and mental health practitioners do not qualify for low coast treatment at Wave Academy. We do provide a referral list for anyone seeing Aquatic Therapy outside of Wave Academy.

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